

**Spring Mill Health Campus
Activities Calendar**

September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
~Daily events are subject to change. Please check the Daily Chronicle for most up to date information.	Our Activity Cart visits each room every morning. Be sure to let us know your needs, and grab an in room activity.	Room Key HC1-Health Care 1 HC2-Health Care 2 WC- Wellness Center MC-Main Courtyard FLR-Front Living Room ICP-Ice Cream Parlor LB-Library	Please sign up for all outings in the trip binder located in the Wellness Center! Cost Listed.			1 8:30 Activity Cart/ Papers 10:00 Mind&Body Stretch (WC) 10:30 Famous Figures(WC) 1:30 Wacky Weekend Trivia(WC) 2:00 Bingo (WC)
2 8:30 Activity Cart/ Papers 10:00 Mind&Body Stretch (WC) 10:15 Let's Create! (WC) 1:30 Global Sight Seeing (WC) 2:00 Bingo (WC)	3 Labor Day 8:30 Activity Cart/Papers 9:30 Morning Work Out (WC) 10:00 Shopping-Dollar Tree(FLR) 10:00 Mindful Moments (HC1) 11:00 Mindful Moments (HC2) 1:30 Bunco (WC) 3:00 Ice Cream Social (ICP)	4 8:30 Activity Cart/Papers 10:00 Mind&Body Stretch (WC) 10:30 Courtyard Club (MC) 1:30 Fancy Fingers (WC) 1:30 Classic TV Shows (WC) 3:00 Name that Tune (WC) 6:00 BINGO (WC)	5 8:30 Activity Cart/Papers 10:00 Mindful Moments (HC1) 10:00 Walking Club (FLR) 10:30 Lunch Outing-Old Chicago's Pizza 11:00 Mindful Moments (HC2) 1:45 Movie Matinee "The Natural"	6 8:30 Activity Cart/Papers 9:30 Mass (LB) 10:00 Mind&Body Stretch(WC) 10:30 Library Club (LB) 1:30 Bible Study (LB) 2:30 Crafts/Games(WC) 6:00 Evening Ride (FLR)	7 8:30 Activity Cart/Papers 10:00 Work Out w/Weights(WC) 10:00 Mindful Moments (HC1) 10:30 Beer Tasting (WC) 1:30 Fun & Games (WC) 3:30 Happy Hour w/ Jerry (HC2)	8 8:30 Activity Cart/ Papers 10:00 Mind&Body Stretch (WC) 10:30 Famous Figures(WC) 1:30 Wacky Weekend Trivia(WC) 2:00 Bingo (WC)
9 Rosh Hashanah Begins 8:30 Activity Cart/ Papers 10:00 Mind&Body Stretch (WC) 10:15 Let's Create! (WC) 1:30 Global Sight Seeing (WC) 2:00 Bingo (WC)	10 8:30 Activity Cart/Papers 9:30 Morning Work Out (WC) 10:00 Shopping- Wal-Mart (FLR) 10:00 Mindful Moments (HC1) 11:00 Mindful Moments (HC2) 1:30 Bunco (WC) 3:30 Ice Cream Sandwich Social	11 8:30 Activity Cart/Papers 9:00 Mind&Body Stretch (WC) 9:30 War Memorial Picnic 10:30 Patriotic Songs & Games 1:30 Sights of America (WC) 1:30 Fancy Fingers (WC) 3:00 Name that Tune (WC) 6:00 BINGO (WC)	12 8:30 Activity Cart/Papers 10:00 Mindful Moments (HC1) 10:00 Walking Club (FLR) 10:30 Lunch Outing-Schoop's 11:00 Mindful Moments (HC2) 1:45 Movie Matinee "Bad News Bears"	13 8:30 Activity Cart/Papers 9:30 Mass (LB) 10:00 Mind&Body Stretch(WC) 10:30 Courtyard Club (MC) 1:30 Bible Study (LB) 2:30 Crafts/Games(WC) 6:00 Evening Ride (FLR)	14 8:30 Activity Cart/Papers 10:00 Work Out w/Weights(WC) 10:00 Mindful Moments (HC1) 10:30 Let's Cook - Doughnuts 1:30 Fun & Games (WC) 3:30 Happy Hour w/ Tony C. (HC2)	15 8:30 Activity Cart/ Papers 10:00 Mind&Body Stretch (WC) 10:30 Famous Figures(WC) 1:30 Wacky Weekend Trivia(WC) 2:00 Bingo (WC)
16 8:30 Activity Cart/ Papers 10:00 Mind&Body Stretch (WC) 10:15 Let's Create! (WC) 1:30 Global Sight Seeing (WC) 2:00 Bingo (WC)	17 8:30 Activity Cart/Papers 9:30 Morning Work Out (WC) 10:00 Shopping-Meijer(FLR) 10:00 Mindful Moments (HC1) 11:00 Mindful Moments (HC2) 1:30 Bunco (WC) 3:00 Vanilla Ice Cream w/Apples Social (ICP)	18 Yom Kippur Begins 8:30 Activity Cart/Papers 10:00 Mind&Body Stretch (WC) 10:30 Courtyard Club (MC) 1:30 Fancy Fingers (WC) 1:30 Classic TV Shows (WC) 3:00 Name that Tune (WC) 6:00 BINGO (WC)	19 8:30 Activity Cart/Papers 10:00 Mindful Moments (HC1) 10:00 Walking Club (FLR) 10:30 Lunch Outing-Toast & Jam 11:00 Mindful Moments (HC2) 1:45 Movie Matinee "42 - Jackie Robinson"	20 8:30 Activity Cart/Papers 9:30 Mass (LB) 10:00 Mind&Body Stretch(WC) 10:30 Courtyard Club (MC) 1:30 Bible Study (LB) 2:30 Crafts/Games(WC) 6:00 Evening Ride (FLR)	21 8:30 Activity Cart/Papers 10:00 Work Out w/Weights(WC) 10:00 Mindful Moments (HC1) 10:30 Baseball Caps & Ball Toss 1:30 Fun & Games (WC) 3:30 Happy Hour With Harley. (HC2)	22 Fall Begins 8:30 Activity Cart/ Papers 10:00 Mind&Body Stretch (WC) 10:30 Famous Figures(WC) 1:30 Fall Social (WC) 2:00 Bingo (WC) 6:10 Cross Town Classic (WC)
23 8:30 Activity Cart/ Papers 10:00 Mind&Body Stretch (WC) 10:15 Let's Create! (WC) 1:10 Cross Town Classic (WC) 2:00 Bingo (WC)	24 8:30 Activity Cart/Papers 9:30 Morning Work Out (WC) 10:00 Shopping - Target (FLR) 10:00 Mindful Moments (HC1) 11:00 Mindful Moments (HC2) 1:30 Bunco (WC) 3:00 Ice Cream Social (ICP)	25 8:30 Activity Cart/Papers 10:00 Mind&Body Stretch (WC) 10:30 Courtyard Club (MC) 1:30 Fancy Fingers (WC) 1:30 Classic TV Shows (WC) 3:00 Resident Council (WC) 6:00 BINGO (WC)	26 8:30 Activity Cart/Papers 10:00 Mindful Moments (HC1) 10:00 Walking Club (FLR) 10:30 Lunch Outing- Maxim's 11:00 Mindful Moments (HC2) 1:45 Movie Matinee "Rookie of the Year"	27 8:30 Activity Cart/Papers 9:30 Mass (LB) 10:00 Mind&Body Stretch(WC) 10:30 Courtyard Club (MC) 1:30 Bible Study (LB) 2:30 Crafts/Games(WC) 6:00 Evening Ride (FLR)	28 8:30 Activity Cart/Papers 10:00 Work Out w/Weights(WC) 10:00 Mindful Moments (HC1) 10:30 Let's Cook- Strawberry Cream Pie 1:30 Fun & Games (WC) 3:30 Happy Hour w/Donny (HC2)	29 8:30 Activity Cart/ Papers 10:00 Mind&Body Stretch (WC) 10:30 Famous Figures(WC) 1:30 Wacky Weekend Trivia(WC) 2:00 Bingo (WC)
30 8:30 Activity Cart/ Papers 10:00 Mind&Body Stretch (WC) 10:15 Let's Create! (WC) 1:30 Global Sight Seeing (WC) 2:00 Bingo (WC)						