

Spring Mill Health Campus
Activities Calendar

February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
~Daily events are subject to change. Please check the Daily Chronicle for most up to date information.	Our Activity Cart visits each room every morning. Be sure to let us know your needs, and grab an in room activity.	Room Key HC1-Health Care 1 HC2-Health Care 2 WC- Wellness Center MC-Main Courtyard FLR-Front Living Room ICP-Ice Cream Parlor LB-Library	Please sign up for all outings in the trip binder located in the Wellness Center! Cost Listed.		1 9:00 Activity Cart/Papers 10:00 Chair Work Out (WC) 10:00 Mindful Moments Trivia (HC1) 10:30 Whopper of a Game - Ring Toss 1:30 Adventure Games (WC) 3:30 Happy Hour with Samuel Mo Beats (HC1)	2 Groundhog Day 9:00 Activity Cart/ Papers 10:00 Mind&Body Stretch (WC) 10:30 Famous Figures(WC) 1:30 Wacky Weekend Trivia(WC) 2:00 BINGO
3 9:00 Activity Cart/Papers 10:00 Mind&Body Stretch (WC) 10:15 Let's Create! (WC) 1:30 Global Sight Seeing (WC) 2:00 BINGO 6:30 Super Bowl Sunday (PUB)	4 9:00 Activity Cart/Papers 9:00 Morning Work Out (WC) 10:00 Mindful Moments Trivia (HC1) 10:00 Shopping-Dollar Tree(FLR) 11:00 Mindful Moments Trivia (HC2) 1:30 Bunco (WC) 3:00 Snack Social/ Carrot Cake	5 Chinese New Year 9:00 Activity Cart/Papers 10:00 Fancy Fingers HC1-10, HC2-11,AL-1:30 (WC) 10:00 Mind&Body Stretch (WC) 10:30 Discovery Library/ Chinese New Year/PIG (LB) 1:30 Classic TV Shows (WC) 3:00 Name that Tune (WC) 6:00 BINGO (WC)	6 9:00 Activity Cart/Papers 10:00 Mindful Moments (HC1) 10:00 Walk and Wheel Club (FLR) 10:30 Lunch Outing-New Hong Kong 11:00 Mindful Moments (HC2) 1:45 Movie/ "Ground Hog's Day"	7 9:00 Activity Cart/Papers 9:30 Mass (LB) 10:00 Mind&Body Stretch(WC) 10:30 News and Talk/ Current Events(LB) 1:30 Bible Study (LB) 2:30 Creative Crafts/ Holiday Tote Bag (WC) 6:00 BINGO (WC)	8 9:00 Activity Cart/Papers 10:00 Chair Work Out(WC) 10:00 Mindful Moments Trivia (HC1) 10:30 Let's Cook/Mini Heart Pizza with toppings 1:30 Adventure Games (WC) 3:30 Happy Hour with Saxman (HC1)	9 9:00 Activity Cart/ Papers 10:00 Mind&Body Stretch (WC) 10:30 Famous Figures(WC) 1:30 Wacky Weekend Trivia(WC) 2:00 BINGO (WC)
10 10:00 Mind&Body Stretch (WC) 10:15 Let's Create! (WC) 1:30 Global Sight Seeing (WC) 2:00 BINGO (WC)	11 9:00 Activity Cart/Papers 9:00 Morning Work Out (WC) 10:00 Shopping- Albanese(FLR) 10:00 Mindful Moments Trivia (HC1) 11:00 Mindful Moments Trivia (HC2) 1:30 UNO (WC) 3:00 Snack Social/ Sweet	12 9:00 Activity Cart/Papers 10:00 Mind&Body Stretch (WC) 10:30 Discovery Library/ Healthy Heart(LB) 1:30 Fancy Fingers (WC) 1:30 Classic TV Shows (WC) 3:00 Name that Tune (WC) 6:00 BINGO (WC)	13 9:00 Activity Cart/Papers 10:00 Mindful Moments Trivia (HC1) 10:00 Walk and Wheel Club (FLR) 10:30 Lunch Outing- Red Lobster 11:00 Mindful Moments (HC2) 1:45 Movie Matinee/	14 Valentine's Day 9:00 Activity Cart/Papers 9:30 Mass (LB) 10:00 Mind&Body Stretch(WC) 10:30 News and Talk/ Current Events (LB) 1:30 Bible Study (LB) 2:30 Valentine's Love Song Celebration (WC) 6:00 BINGO (WC)	15 9:00 Activity Cart/Papers 10:00 Chair Work Our(WC) 10:00 Mindful Moments Trivia (HC1) 10:30 Whopper of a Game- Dart Ball Target 1:30 Adventure Games (WC) 3:30 Happy Hour With Harley. (HC1)	16 9:00 Activity Cart/ Papers 10:00 Mind&Body Stretch (WC) 10:30 Famous Figures(WC) 1:30 Wacky Weekend Trivia(WC) 2:00 BINGO (WC)
17 9:00 Activity Cart/Papers 10:00 Mind&Body Stretch (WC) 10:15 Let's Create! (WC) 1:30 Global Sight Seeing (WC) 2:00 BINGO (WC)	18 Presidents' Day 9:00 Activity Cart/Papers 9:00 Morning Work Out (WC) 10:00 Shopping - Meijer (FLR) 10:00 Mindful Moments Trivia (HC1) 11:00 Mindful Moments Trivia (HC2) 1:30 Bunco (WC) 3:00 Snack Social/Ice Cream	19 9:00 Activity Cart/Papers 10:00 Mind&Body Stretch (WC) 10:30 Discovery Library/Famous Black Americans(LB) 1:30 Fancy Fingers (WC) 1:30 Classic TV Shows (WC) 3:00 Resident Council (WC) 6:00 BINGO (WC)	20 9:00 Activity Cart/Papers 10:00 Mindful Moments Trivia (HC1) 10:00 Walk/Wheel Club (FLR) 10:30 Carry Out/ Columbia Gyros 11:00 Mindful Moments Trivia(HC2) 1:45 Movie Matinee "Peggy"	21 9:00 Activity Cart/Papers 9:30 Mass (LB) 10:00 Mind&Body Stretch(WC) 10:30 News and Talk/ Current Events (LB) 1:30 Bible Study (LB) 2:30 Creative Crafts/ Penny Bookmark (WC) 6:00 BINGO (WC)	22 9:00 Activity Cart/Papers 10:00 Work Out w/Weights(WC) 10:00 Mindful Moments (HC1) 10:30 Let's Cook - Veggie Tortellini Salad 1:30 Adventure Games (WC) 3:30 Happy Hour w/Donny (HC1)	23 9:00 Activity Cart/ Papers 10:00 Mind&Body Stretch (WC) 10:30 Famous Figures(WC) 1:30 Wacky Weekend Trivia(WC) 2:00 BINGO
24 9:00 Activity Cart/Papers 10:00 Mind&Body Stretch (WC) 10:15 Let's Create! (WC) 1:30 Global Sight Seeing (WC) 2:00 BINGO	25 9:00 Activity Cart/Papers 9:00 Morning Work Out (WC) 10:00 Shopping-Walgreens(FLR) 10:00 Mindful Moments (HC1) 11:00 Mindful Moments (HC2) 1:30 UNO (WC) 3:00 Snack Social/Bubbly Chery Floats (ICP)	26 9:00 Activity Cart/Papers 10:00 Mind&Body Stretch (WC) 10:30 Discovery Library/ Fairy Tale and Fable Day (LB) 1:30 Fancy Fingers (WC) 1:30 Classic TV Shows (WC) 3:00 Name that Tune (WC) 6:00 BINGO (WC)	27 9:00 Activity Cart/Papers 10:00 Walk and Wheel Club Club/Wheeling (FLR) 10:00 Mindful Moments Trivia (HC1) 10:30 Lunch Outing-Maxim's 11:00 Mindful Moments Trivia (HC2) 1:45 Movie Matinee/ "Knotting"	28 9:00 Activity Cart/Papers 9:30 Mass (LB) 10:00 Mind&Body Stretch(WC) 10:30 News and Talk/Current Events (LB) 1:30 Bible Study (LB) 2:30 Creative Crafts/Jewelry Making (WC) 6:00 BINGO (WC)		