

Spring Mill Health Campus  
Activities Calendar

# March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
~Daily events are subject to change. Please check the Daily Chronicle for most up to date information.	Our Activity Cart visits each room every morning. Be sure to let us know your needs, and grab an in room activity.	Room Key HC1-Health Care 1 HC2-Health Care 2 WC- Wellness Center MC-Main Courtyard FLR-Front Living Room ICP-Ice Cream Parlor LB-Library	Please sign up for all outings in the trip binder located in the Wellness Center! Cost Listed.		<b>1</b>  9:00 Activity Cart/Papers 10:00 Chair Workout(WC) 10:00 Mindful Moments (HC1) 10:30 Whopper of a Game/ Pancake Race 1:30 Adventure Games (WC) 3:30 Happy Hour with J.T. (HC1)	<b>2</b>  9:00 Activity Cart/ Papers 10:00 Mind&Body Stretch (WC) 10:30 Famous Figures(WC) 1:30 Wacky Weekend Trivia(WC) 2:00 BINGO
<b>3</b> 9:00 Activity Cart/Papers 10:00 Mind&Body Stretch (WC) 10:15 Let's Create! (WC) 1:30 Global Sight Seeing (WC) 2:00 BINGO (WC)	<b>4</b> 9:00 Activity Cart/Papers 9:00 Morning Work Out (WC) 10:00 Mindful Moments (HC1) 10:00 Shopping-Dollar Tree(FLR) 11:00 Mindful Moments (HC2) 1:30 Creative Craft: Masks for Marti Gras (WC) 3:00 Snack Social/ Mint Chocolate	<b>5</b> <b>Mardi Gras</b> 9:00 Activity Cart/Papers 10:00 Fancy Fingers 10 HC1, 11 HC2, 1:30 AL with CTV (WC) 10:00 Mind&Body Stretch (WC) 10:30 Discovery Library/ Marti Gras (LB) 3:00 Mardi Gras Celebration (WC) 6:00 BINGO (WC)	<b>6</b> 9:00 Ash Wednesday/ Ashes MASS (LB) 9:00 Activity Cart/Papers 10:00 Walk and Wheel Club (FLR) 10:00 Mindful Moments (HC1) 10:30 Lunch Outing- Off the Square 11:00 Mindful Moments (HC2) 1:45 Movie "Angela's Ashes"	<b>7</b> 9:00 Activity Cart/Papers 10:00 Mind&Body Stretch(WC) 10:30 News and Talk (LB) 1:30 Bible Study (LB) 2:30 Creative Crafts/ Shamrock Tube(WC) 6:00 BINGO (WC)	<b>8</b> 9:00 Activity Cart/Papers 10:00 Chair Work Out(WC) 10:00 Mindful Moments (HC1) 10:30 Let's Cook/Irish Potato Pancakes 1:30 Fun & Games (WC) 3:30 Happy Hour David Blixt (WC)	<b>9</b> 9:00 Activity Cart/ Papers 10:00 Mind&Body Stretch (WC) 10:30 Famous Figures(WC) 1:30 Wacky Weekend Trivia(WC) 2:00 BINGO
<b>10</b> <b>Daylight Savings Begins</b> 9:00 Activity Cart/Papers 10:00 Mind&Body Stretch (WC) 10:15 Let's Create! (WC) 1:30 Global Sight Seeing (WC) 2:00 BINGO	<b>11</b> 9:00 Activity Cart/Papers 9:00 Morning Work Out (WC) 10:00 Shopping-Walmart (FLR) 10:00 Mindful Moments (HC1) 11:00 Mindful Moments (HC2) 1:30 Bunco (WC) 3:00 Snack Social/Green River Float (ICP)	<b>12</b> 9:00 Activity Cart/Papers 10:00 Fancy Fingers 10 HC1, 11 HC2, 1:30 AL with CTV (WC) 10:00 Mind&Body Stretch (WC) 10:30 Discovery Library/Ireland and Saint Patrick's Day (LB) 3:00 Name That Tune 6:00 BINGO (WC)	<b>13</b> 9:00 Activity Cart/Papers 10:00 Walk and Wheel Club (FLR) 10:00 Mindful Moments (HC1) 10:30 Lunch Outing-Kelsey's Steak House 11:00 Mindful Moments (HC2) 1:45 Movie Matinee "Far and Away"	<b>14</b> 9:00 Activity Cart/Papers 9:30 Mass (LB) 10:00 Mind&Body Stretch(WC) 10:30 News and Talk (LB) 1:30 Bible Study (LB) 2:30 Social Worker Staff Appreciation (WC) 6:00 BINGO (WC)	<b>15</b> 9:00 Activity Cart/Papers 10:00 Chair Work Out (WC) 10:00 Mindful Moments (HC1) 10:30 Whopper of a Game/Gold Coins in a Pot 1:30 Fun & Games (WC) 3:30 Saint Patrick's Day Happy Hour With Harley/Wear	<b>16</b> 9:00 Activity Cart/ Papers 10:00 Mind&Body Stretch (WC) 10:30 Famous Figures(WC) 1:30 Wacky Weekend Trivia(WC) 2:00 BINGO
<b>17</b> <b>St. Patrick's Day</b> 9:00 Activity Cart/Papers 10:00 Mind&Body Stretch (WC) 10:15 Let's Create! (WC) 10:30 Famous Figures (WC) 1:30 Global Sight Seeing/ Ireland (WC) 2:00 BINGO/ Wear Green for Luck!	<b>18</b> 9:00 Activity Cart/Papers 9:00 Morning Work Out (WC) 10:00 Shopping- CVS (FLR) 10:00 Mindful Moments (HC1) 11:00 Mindful Moments (HC2) 1:30 UNO (WC) 3:00 Snack Social/National Oatmeal Cookie Day (ICP)	<b>19</b> 9:00 Activity Cart/Papers 10:00 Fancy Fingers/ 10 HC1, 11 HC2, 1:30 AL with CTV (WC) 10:00 Mind&Body Stretch (WC) 10:30 Discovery Library/Woman's History Month (LB) 3:00 Resident Council(WC) 6:00 BINGO (WC)	<b>20</b> <b>Spring Begins</b> 9:00 Activity Cart/Papers 10:00 Walk and Wheel Club (FLR) 10:00 Mindful Moments (HC1) 10:30 Lunch Outing-Viking Chili Bowl 11:00 Mindful Moments (HC2) 1:45 Movie Matinee "Jewel of the Nile"	<b>21</b> 9:00 Activity Cart/Papers 9:30 Mass (LB) 10:00 Mind&Body Stretch(WC) 10:30 News and Talk (LB) 1:30 Bible Study (LB) 2:30 Creative Crafts/ Bubble Wrap Art (WC) 6:00 BINGO (WC)	<b>22</b> 9:00 Activity Cart/Papers 10:00 Chair Work Out (WC) 10:00 Mindful Moments (HC1) 10:30 Let's Cook/Friendship Fruit Salad 1:30 Fun & Games (WC) 3:30 Happy Hour with Donny W. (WC)	<b>23</b> 9:00 Activity Cart/ Papers 10:00 Mind&Body Stretch (WC) 10:30 Famous Figures(WC) 1:30 Wacky Weekend Trivia(WC) 2:00 BINGO
<b>24</b> 9:00 Activity Cart/Papers 10:00 Mind&Body Stretch (WC) 10:15 Let's Create! (WC) 1:30 Global Sight Seeing (WC) 3:30 BINGO	<b>25</b> 9:00 Activity Cart/Papers 9:00 Morning Work Out (WC) 10:00 Shopping- Target (FLR) 10:00 Mindful Moments (HC1) 11:00 Mindful Moments (HC2) 1:30 Bunco (WC) 3:00 Snack Social/National Waffle Day/Waffle Ice Cream	<b>26</b> 9:00 Activity Cart/Papers 10:00 Mind&Body Stretch (WC) 10:30 Discovery Library/American Red Cross (LB) 1:30 Fancy Fingers 10 HC1,11 HC2,1:30 AL with CTV (WC) 3:00 Name that Tune (WC) 6:00 BINGO (WC)	<b>27</b> 9:00 Activity Cart/Papers 10:00 Walk and Wheel Club (FLR) 10:00 Mindful Moments (HC1) 10:30 Lunch Outing- Round the Clock 11:00 Mindful Moments (HC2) 1:45 Movie Matinee "Wizard of OZ"	<b>28</b> 9:00 Activity Cart/Papers 9:30 Mass (LB) 10:00 Mind&Body Stretch(WC) 10:30 Discovery Library (LB) 1:30 Bible Study (LB) 2:30 Creative Crafts/ Circle Collage (WC) 6:00 BINGO (WC)	<b>29</b> 9:00 Activity Cart/Papers 10:00 Work Out w/Weights(WC) 10:00 Mindful Moments (HC1) 10:30 Whopper of a Game/Floor Darts 1:30 Fun & Games (WC) 3:30 Happy Hour with David R. (WC)	<b>30</b> 9:00 Activity Cart/ Papers 10:00 Mind&Body Stretch (WC) 10:30 Famous Figures(WC) 1:30 Wacky Weekend Trivia(WC) 2:00 BINGO
<b>31</b> 9:00 Activity Cart/Papers 10:00 Mind&Body Stretch (WC) 10:15 Let's Create! (WC) 1:30 Global Sight Seeing (WC) 3:30 BINGO						